



# THE FORUM

May/June 2016 • Volume 15, No. 3 • The Official Magazine of Collier County Medical Society



## DR. RAFAEL HACISKI BECOMES 59TH CCMS PRESIDENT

*In this issue:*

Outgoing & Incoming Presidents' Messages pg. 4 & pg. 6 • New CCMS officers pg. 8 • CCMS Physician of the Year, Dr. Robert Tober pg. 10 • CCMS Women's Health Forum pg. 11 • Member Event Photos pg. 14

## CALENDAR OF EVENTS

Register at [www.ccmsonline.org](http://www.ccmsonline.org) or call (239) 435-7727

Tuesday, May 24, 6:00pm

**CCMS Legal Seminar**

Vineyards Country Club

Saturday, June 11, 8:00am

**CCMS Educational Conference**

Avow Hospice Ispiri Community Room

Thursday, June 30, 6:00pm

**CCMS After 5 Social**

Landmark Hospital

July, Date TBD

**Meridian's Asset Protection Planning  
Seminar for Physicians**

Naples Grande

Friday, July 22, 6:00pm

**CCMS Women Physicians Summer Social**

CCMS Member Home, Quail Creek

Thursday, August 11, 6:00pm

**CCMS Educational Seminar**

**Prevention and Treatment of Physician Burnout**

Vi at Bentley Village

Saturday, September 17, 8:00am

**Foundation of CCMS Golf Tournament**

Bonita Bay Club Naples

Contact CCMS for sponsor/exhibit opportunities  
or visit [ccmsfoundation.org](http://ccmsfoundation.org)

Thursday, September 29, 6:00pm

**CCMS Fall General Membership Meeting**

Hilton Naples

Thursday, October 13, 5:30pm

**20th Anniversary CCMS & GGN GI Symposium**

Kensington Country Club

Friday, November 11, 6:30pm

**CCMS New Members Welcome Reception**

Wyndemere Country Club

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## Directory Reminder

CCMS member physicians who have changes to their office address, phone numbers, or photos for the 2016-17 Physician Directory, email your updates to [info@ccmsonline.org](mailto:info@ccmsonline.org) by May 20th. You can check your current listing at [ccmsonline.org](http://ccmsonline.org), click on "Find a Doctor". The new directories will be available this fall.

## CCMS Board of Directors 2016-2017

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Cesar De Leon, D.O.

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Rebekah Bernard, M.D.

Directors at Large: Paul Makhoul, M.D., Alejandro Perez-Trepichio, M.D.

Ex Officio Director: April Donahue, Executive Director, CCMS

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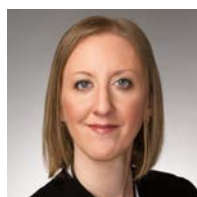
# NEW MEMBERS / MEMBER NEWS



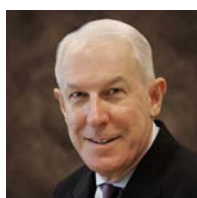
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Fax: (239) 624-8131  
Board Certified: Family Medicine



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1020 Crosspointe Dr, Ste 110  
Naples, FL 34110  
Phone: (239) 337-2003  
Fax: (239) 337-3168  
Board Certified: Orthopaedic Surgery



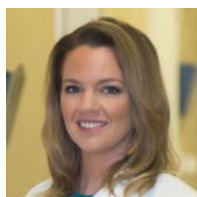
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15215 Collier Boulevard, Ste. 320/321  
Naples, FL 34119  
Phone: (239) 348-4054  
Fax: (239) 348-2147  
Board Certified: Family Medicine



**William W. Ehrlich, M.D.**  
Frantz EyeCare  
2100 Tamiami Trail N  
Naples, FL 34102  
Phone: (239) 430-3939  
Fax: (239) 274-0773  
Board Certified: Ophthalmology



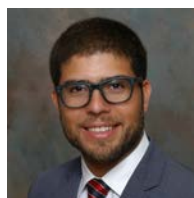
**Nancy J. Goodwin, D.O.**  
NCH Emergency Medicine  
350 7th St N  
Naples, FL 34102  
Phone: (239) 552-7000  
Fax: (239) 436-5910  
Board Certified: Emergency Medicine,  
Internal Medicine



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Phone: (239) 659-3945  
Fax: (239) 659-3921  
Board Certified: Ophthalmology

## *New Practice*

### **James Hadley, M.D.**

### **Leela Lavasani, M.D.**

Florida Gulf Coast Ear, Nose & Throat  
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Naples, FL 34119  
Phone: (239) 348-4081  
Fax: (239) 348-4355

### **Debra L. Bailey, M.D.**

High Tide Dermatology Center, LLC  
2350 Vanderbilt Beach Rd, Ste 301  
Naples, FL 34109  
Phone: (239) 444-DERM (3376)  
Fax: (239) 316-3001

## *New Location*

### **Stephen L. Friedman, M.D.**

### **Gregory F. Paine, M.D.**

Comprehensive Pain Center of Naples  
311 9th Street N Ste 200  
Naples, FL 34102  
Phone: (239) 436-6711  
Fax: (239) 597-3486

### **Kent V. Hasen, MD**

Aesthetic Plastic Surgery & Med Spa of Naples  
3699 Airport Pulling Rd. N.  
Naples FL 34105  
Phone: 239-262-5662  
Fax: 239-244-8278

## A Message from the Outgoing President

Eric Hochman, M.D.

CCMS President, 2015-16



It has been my great pleasure and honor to serve on the Board of Collier County Medical Society for the last five years, and as President for the last year. I have enjoyed my time working to ensure that each and every one of you benefits from our efforts to improve the medical environment in Collier County. I have personally developed and nurtured many professional relationships while learning a lot about organized medicine and the medical political process.

I had the opportunity to see firsthand at the annual Florida Medical Association meeting last July how each of us can make a difference. If you have the time this summer, I encourage you to try to attend the FMA meeting.

CCMS continues to be a strong organization. Membership is up about 4% from last year with over 550 members. The number of Collier County physicians who belong to CCMS compares very favorably to other Florida county medical societies. Please continue to stay involved, think about getting more involved, and encourage colleagues who are not members to consider joining.

On another note, I would like to use this opportunity to say a few words about the Southwest Florida Blue Zones Project. I am sure you are all well aware of this initiative by now. If you are not personally involved, and have not taken the Blue Zones Pledge, I encourage you to do so. As physicians, we should be advocates at the highest level for the continued health of our patients, employees, and the community as a whole. We should set examples for our patients and for all of Collier County.

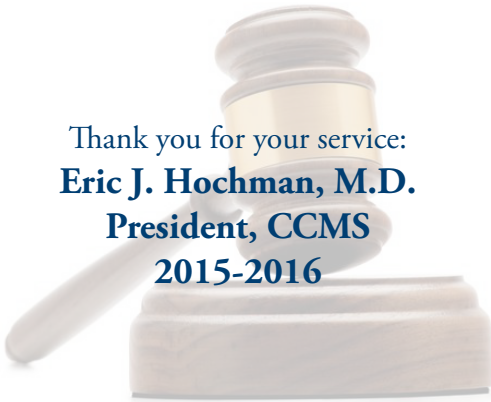
My office has recently earned the Blue Zones Project Approved status. I challenge everyone to not only personally take the pledge, but to also work on certifying your workplace, and thereby helping to ensure the long term health of your staff and patients.

As employers, we all know the importance of a healthy staff, especially during season. And of course as doctors, we should always do our best to better the health of our patients. Through accepting, adopting, and employing the "Power 9", we can help our community become a true Blue Zone.

I would like to end by thanking April Donahue for all of her hard work. For those who have not served on the board of the CCMS, you have no idea how important the role of the executive director is. And for those who have served on the board, you know all too well. I can honestly say that every goal and agenda item successfully accomplished is accomplished through her hard work and dedication. So April, thank you. Thank you also to the CCMS Executive Assistant, Nancy Wood, whose hard work is critical to our success.

Finally, I wish Dr. Rafael Haciski and the new CCMS board a great and successful year to come.

Thank you.



Thank you for your service:  
**Eric J. Hochman, M.D.**  
**President, CCMS**  
**2015-2016**

The Foundation of Collier County Medical Society presents

# Docs & Duffers 2016

3<sup>rd</sup> Annual Charity Golf Tournament benefiting efforts to address access to healthcare, promote health education and serve the community's public health needs

**Saturday, September 17<sup>th</sup>**

8:00 am - 2:30 pm

**Bonita Bay Club Naples**

3700 Wildwood Blvd, Naples, FL 34120

**Open to the Public!**

**go to [ccmsfoundation.org](http://ccmsfoundation.org)**

## Sponsorships

at [ccmsfoundation.org](http://ccmsfoundation.org)  
or [april@ccmsonline.org](mailto:april@ccmsonline.org)/435-7727

## Golfers

\$175/person, \$600/foursome  
[ccmsfoundation.org](http://ccmsfoundation.org)

## Highlights

*Win a 2017 Porsche in our  
Hole-In-One contest!*

8:00 am

Registration & Refreshments

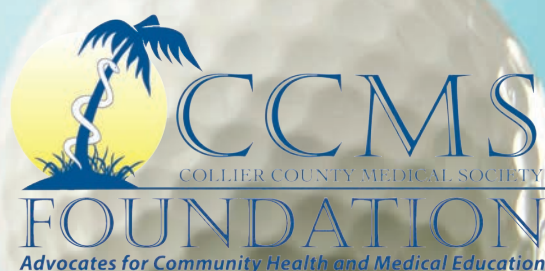
8:45 am

Shotgun Start, Scramble Format

1:15 pm

Luncheon & Awards

*Golfer Goodie Bags, Raffles,  
and more!*



Support provided by:



Moorings Park Home Health Agency  
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## Incoming President's Message – “Call to Arms!”

Rafael C. Haciski, M.D., FACOG, CCMS President, 2016-17



These have been indeed tumultuous times in the practice of medicine, at least ever since I became a physician. We are now in the 21st century, the era of “sci-fi” for many of us boomers, the bright and fantastic future of which many novelists and visionaries wrote so eloquently. We have experienced a remarkable and exponential progress in the science of medicine, we have

extended life expectancy by some 15-20 years, as well as the quality of life in those last years. Yet, the number one cause of mortality is heart disease, number two cause is cancer, and astonishingly, the number three cause of mortality is medical errors!

Reflecting on the history of medicine, it appears to me the huge downturn began with the introduction of Medicare and Medicaid, when on July 30th, 1965, President Johnson signed into law that huge bureaucratic gorilla, which on one hand has much benefitted our seniors, but on the other hand has stupendously increased the bureaucracy involved in the practice of medicine, resulting in an increase in the financial cost of practice, in the extra hoops and impediments to practice, and payment reductions, as well as increased emotional toil, from all the frustrations of dealing with that gorilla.

In the early 1980s when American medicine was in the throes of new managed care adventures, HMOs, and capitated service, I remember my mother who at the time was in private practice in Baltimore, telling me how those changes reminded her of the changes she witnessed in 1940s post-war Poland, as communism took over.

It frightens me when Pres. Obama's prior Director of Medicare, Dr. Donald Berwick, in one of his speeches put forth the British National Health Service as a system we should emulate in the US, ignoring the blatant fact that the NHS at that very moment was failing financially and grasping for solutions to their problems. And he did not even consider the fact that the object of his admiration, the NHS, had the highest physician suicide rate in the world!

It may not have been such a big problem if we could relegate Medicare to a small corner of our practices, were not for the fact that Medicare covers an increasingly growing elderly population and also hugely controls our relationship with other insurers. Our politicians have NO earthly concept of what is destroying the practice of medicine and where we are heading. Even today, Sen. Bernie Sanders is advocating for a “single payor” and an even more pervasive Medicare, though his own state of Vermont rejected the idea, while in United

Kingdom, the physicians are striking for the first time in 75 years because of the atrocious economic situation.

Here in the US we have just gone through the “Meaningful Use” process, and are facing the new “Value Based System” where payment for our services will involve complicated and unproven quality control measures, all bureaucratic efforts applied to a system that does not function well as a bureaucracy.

Over the last 15 years we see an increasingly growing problem with diminishing physician morale and burnout. Could that burnout, that frustration with the practice of medicine, be a contributor to those medical errors which are now such a serious problem? While there are dozens of articles and studies on this subject, very little has been done to address fixing the problem, and instead more bureaucratic demands and financial restrictions have been piling up on our shoulders. Some help in coping with this problem has appeared, for example the pioneering Physician Support Services program in the Florida Hospital System, but while such programs help with the coping part, nothing is being done to diminish the root causes of the problem.

As a solo practitioner, I am truly beginning to feel like a dinosaur, about to be rendered extinct. Many of us have coped with these forces by switching to concierge type of practice, taking the insurers out of the loop. Some of us chose to join larger multispecialty practices where we are insulated from the bureaucratic vagaries by administrators who run interference for us. And others have chosen to become employees, either of large groups or of hospitals. This has turned out to be a “divide and conquer” strategy, and unless we realize that, and unless we unite together, we will succumb to the changes without having any significant impact in what happens to our profession. Unfortunately unifying physicians has been likened to herding cats.

In a way, I am singing to the choir here, as you all are members, but we need to expand that membership to those of our professional colleagues who are not members and who do not understand the greater good of joining together. And that unification has to be on a grander scale than just our little part of the world in Southwest Florida - we also need to be a member of our state society, where many issues that affect us directly can be legislated and controlled. And through the state society, we need to participate nationally on the federal level.

So please engage your colleagues to become not only members in name, but ACTIVE PARTICIPANTS in the activities of our societies. In the near future we will be forming workgroups and committees to study the economic, legislative, and practice parameters affecting us. This will offer you the opportunity to actively engage in those grassroots efforts. Learn about the forces bearing on us, and participate in trying to mold those forces to the betterment of our professions – our lives, and our patients' lives, depend on this!



Chloe is an outgoing 16-year-old who loves animals, art and being the center of attention. She also struggles with a seizure disorder and has difficulty learning, making friends, sitting still, controlling her mood and understanding boundaries.

Her mother exhausted every possible medical solution and had little hope when she came to DLC for help. Over the next year, their entire family participated in the Community Action Team's holistic treatment process and experienced profound healing.

Chloe shares, "DLC has made a big difference in my life. They helped me set goals, taught us how to manage my emotions and found medication that helps control my anger."

Their feelings of desperation have been replaced with compassion, patience and optimism and the transformation is inspiring.

## Her Recovery is *Our* Concern.

### **Mental health is a community issue.** *Fortunately, there's a community solution.*

Chloe is among one in four in Collier County who suffer from a mental illness. One in nine of us will experience some form of substance abuse. When a family member, friend or coworker battles a mental health or substance abuse problem, we suffer with them. Thankfully, David Lawrence Center is here for our community.

A not-for-profit organization founded and still governed by community leaders, the David Lawrence Center is the behavioral health component of our community's healthcare network. A true local resource, it relies on donations, fees and grants to invest in the health, safety and wellbeing of our community.

When your patients need help, call on the highly compassionate, committed and competent professionals of the David Lawrence Center to inspire them to move beyond the crisis towards life-changing wellness.



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## CCMS 2016-2017 Officers of the Board



### **Rafael C. Haciski, M.D. – President**

Dr. Haciski is a board certified OB-GYN in private practice at Advanced Gynecology, Inc. and has practiced in his field for over 33 years. He completed his undergraduate education at MIT in Cambridge, medical school at Emory University in Atlanta, OB-GYN residency at Johns Hopkins, and fellowship in Reproductive Endocrinology and Infertility at the University of Chicago. After training he joined the Department of OB-GYN, Reproductive Endocrinology and Infertility Division at Union Memorial Hospital in Baltimore, where he was instrumental in achieving many IVF “firsts” for the city, including the first IVF facility and the first IVF baby.

Dr. Haciski is a former Young Physician Delegate to the AMA, vice president of the Baltimore City Medical Society, and delegate and committee chair for MedChi, The Maryland State Medical Society. In 2003 he moved to Manatee County, Florida, where he served on the Board of the County Medical Society and FMA delegation for several years, before moving to Naples in 2007. Dr. Haciski has served on the CCMS board for five years and its FMA delegation for seven, and is chair of the CCMS Membership Committee.



### **Catherine N. Kowal, M.D. – Vice-President**

Dr. Kowal is a rheumatologist in North Naples and part of the American Arthritis and Rheumatology Associates. A native of Chicago, Dr. Kowal studied at Mount Holyoke College in Massachusetts before moving to Boston where she worked in research at Mass General Hospital. She obtained her medical degree in 1985 and performed her internship and residency at Presbyterian Medical Center of Philadelphia and also trained at University of Pennsylvania and Med College of Pennsylvania. She is on the board of the Susan-Marie Scleroderma Foundation and the Winged Foot Foundation. Dr. Kowal and her husband, radiologist Dr. Ray Montecalvo, have lived in Naples for 22 years.



### **Cesar R. De Leon, D.O. – Treasurer**

Dr. De Leon joined the Naples Medical Center in January 2005 and is board certified in Family Practice. He obtained his Doctor of Osteopathy at Western University of the Health Science, College of Osteopathic Medicine, in Pomona, California. He completed his family practice residency at Broward General Medical Center in Ft. Lauderdale. Dr. De Leon’s previous experience includes the VA Medical Center in West Palm Beach and the Kaiser Permanente Medical Center of Sacramento.



### **David R. Wilkinson, M.D. – Secretary**

Dr. Wilkinson began his career as a respiratory therapist and returned to medical school at The Boonshoft School of Medicine at Wright State University in Dayton, Ohio. He graduated with honors and was elected into the international honor society of Alpha Omega Alpha. Dr. Wilkinson completed his urologic surgery training at the University of Kentucky, Albert B. Chandler Medical Center in Lexington, Kentucky. During his residency he received the Excellence in Medical Student Education Award. Dr. Wilkinson is board certified, a Diplomat of the American Board of Urology, and practices with Specialists in Urology.



## CCMS 2016-2017 Officers of the Board



### Rebekah Bernard, M.D. – Officer/Director-at-Large

Dr. Bernard is a Family Physician in private practice in Estero, Florida. A Florida native, Dr. Bernard grew up in the rural town of Clewiston, attended the University of Florida graduating with a degree in Sociology, and received her medical degree from the University of Miami. She completed her residency at Florida Hospital in Orlando, and served for 6 years in Immokalee as a National Health Service Corps Scholar. She is the author of “How to Be A Rock Star Doctor.”



### Paul C. Makhoul, M.D. – Director-at-Large

Dr. Makhoul is a graduate of the Royal College of Surgeons in Ireland and did his residency training in Family Practice and Nuclear Medicine at VCU Medical Center (Medical College of Virginia). Dr. Makhoul is certified by the American Board of Nuclear Medicine and joined Radiology Regional Center in Southwest Florida in 2007. In his spare time, he enjoys philanthropic work and spending time with his wife and their new daughter. He currently serves as the Vice President of the Board of Directors for the Cancer Alliance of Naples, a local not-for-profit organization.



### Alejandro D. Perez-Trepichio, M.D. – Director-at-Large

Born in Argentina, Dr. Perez-Trepichio is a 1985 graduate of the National University of La Plata. He pursued a research career at the Cleveland Clinic Foundation, where he received grants from the National Institutes of Health as co-investigator and published several articles in peer-reviewed journals. He then completed his Internal Medicine residency at the Cleveland Clinic and relocated to Naples. In 2009 he was appointed a member of the physician leadership for Millennium Physician Group. From 2014-15 he represented CCMS as an FMA delegate and currently is a PHO/SWFPA board member.

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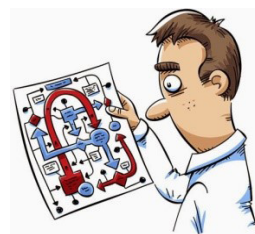
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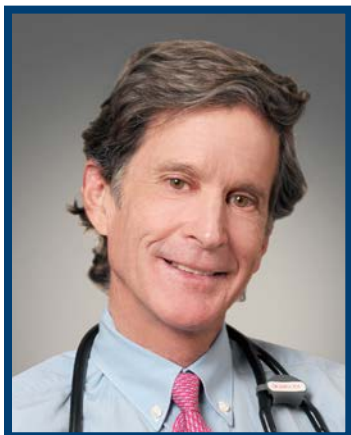
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## Dr. Robert Tober Named 2016 CCMS Physician of the Year



Collier County Medical Society is pleased to announce Dr. Robert Tober, Collier County Medical Director of Emergency Medical Services, the recipient of the 2nd Annual CCMS Physician of the Year Award. The award honors a CCMS member who deserves special recognition for exemplary contributions to the practice of medicine and/or outstanding service to our community. Members of the Medical Society submitted nominations for this prestigious award to the CCMS Board of Directors, who selected Dr. Tober from the talented pool of candidates.

The award was presented at the CCMS Annual Meeting & Installation of Officers, May 14, 2016 at the Naples Beach Hotel & Golf Club.

“Thanks to all of the physicians of the CCMS who have supported responsible and evidence-based medical practice,” said Dr. Tober. “I am speechless with the news that I received this staggering honor from so many respected and hard-working colleagues in medicine and the care of our patients. I would not be where I am today without the sustained and continuous support of our wonderful medical association in Collier County.”

Dr. Tober was nominated by Dr. Jeffrey Allen, who commended Dr. Tober for his service as Medical Director for the County EMS and volunteer physician at the Neighborhood Health Clinic: “He has been a long time advocate for quality pre-hospital care and a champion of compassion. His CPR work has resulted in Collier County having a stellar survival rate for pre-hospital cardiac arrest. As a leader at the Neighborhood Health Clinic he has been an inspiration for quality health care for the working uninsured and an always helpful source of information regarding patient care for the volunteer physician staff.”

“We are pleased to acknowledge those physicians who go above and beyond the call of duty,” CCMS President Dr. Eric Hochman commented. “Congratulations, Dr. Tober, and thank you for being a shining example to all our members who work to provide quality care to our community.”

## Congratulations to the Dr. William Lascheid Memorial Scholarship Recipient



The board members of the Foundation of CCMS are pleased to congratulate the winner of the 2016 Dr. William Lascheid Memorial Scholarship for Medical Students, Mr. Joseph Chen. The scholarship, which is named after the Neighborhood Health Clinic co-founder and CCMS Past-President, recognizes Florida residents attending medical school who emulate Dr. Lascheid's dedication to community service. Thanks to the Foundation's many donors, supporters, and golf tournament participants, this year's award is \$10,000.

Joseph, whose parents originally hail from Jamaica, is from Lake Mary, Florida, and recently joined the class of 2020 at the Florida State University College of Medicine. His excellence in community service includes an Arts in Medicine program where he used music to help improve the morale of hospital patients, a medical mission to Guyana, and volunteering with numerous community healthcare programs.

“I would like to thank the Foundation for this amazing opportunity,” said Joseph. “There are many stressors associated with entering medical school, the largest of which includes the cost of tuition. This scholarship will

help defray the cost of attending medical school and enable me to focus solely on my dream of becoming a patient-centered physician in my home state of Florida. I will continue to exhibit my passion for the underserved and community service, exemplifying the missions of both The Florida State University College of Medicine and the Foundation of Collier County Medical Society.”

Later this summer, the Foundation of CCMS board of directors will announce the recipients of two general healthcare scholarships of \$5,000 each. To help support the Foundation's scholarship awards program, donate to FCCMS and/or register for the upcoming “Docs & Duffers” charity golf tournament on September 17th. Learn more at [ccmsfoundation.org](http://ccmsfoundation.org).

## CCMS Hosts 8th Annual Women's Health Forum at the Greater Naples YMCA

As part of its ongoing efforts to be a resource for residents and visitors in Collier County, Collier County Medical Society and the Foundation of CCMS were pleased to host the 8th Annual Women's Health Forum, a free health education event for the public, on Saturday, March 19, 2016.

The forum, with the theme "Spring Into Wellness" was held at a new host location, the renovated Greater Naples YMCA. From 8:30am-12:30pm, more than 300 attendees enjoyed breakout sessions with educational talks from 24 CCMS member physicians, an exhibit hall with 27 vendors that provide services for women, and a healthy continental breakfast.

Topics of discussion included nutrition, dementia, vein health, cardiology, stress, breast cancer, fitness, and more. Each session allowed time for attendees to pose questions to the physician presenters.

The success of the event allowed CCMS to donate \$5000 to the Foundation of CCMS, to help provide scholarships for future medical professionals and funds for local healthcare programs in need.

The Women's Health Forum was made possible with the support of presenting sponsors Dr. Julian Javier/Naples Vein Center, Physicians Regional Healthcare System, and Blue Zones Project by Healthways. Major sponsors were 21st Century Oncology, éBella Magazine, and GlenCare Concierge Home Services.

View more event photos at [facebook.com/ccmsfoundation](https://facebook.com/ccmsfoundation).



Dr. Joanna Chon and Dr. Elizabeth Arguelles at the 21st Century Oncology Exhibit



Dr. Julian Javier, one of the event's presenting sponsors



Event attendees enjoying the exhibits



Karyl Walter and Dr. William Ehrlich at the Frantz EyeCare exhibit



# Why Physicians Should Join a Professional Organization

Nick Hernandez, MBA, FACHE

CEO and founder of ABISA, LLC Practice Management



There are plenty of healthcare professional organizations, but are the yearly dues worth it to join? As budgets get squeezed, many physicians and practice managers have been cutting back on the number of professional associations they belong to. Although there is often a lack of perceived benefit, membership in professional associations yields a number of benefits. Taking an active role in professional associations can benefit physicians through networking opportunities, policy alerts, and continuing education.

## 1. Education

Perhaps the most important benefit is education. (A plea here to physicians is to remember this applies to your practice managers. If you want a successful practice, run by a talented practice manager, you must be willing to support his or her professional continuing education.) Most associations provide an enormous amount of access to resource information such as: case studies, articles, white papers and books written by experts in your field or area of interest. Providers and

managers can keep up with the newest developments (clinical and operational) through their association membership benefits, including conferences. Take advantage of all the information your associations provide and remember that most of it is online and free.

## 2. Networking

Another important benefit is networking. There is no better way to connect with peers and industry experts than through professional association membership. There is often a variety of possible venues to network at (e.g. listservs, membership connections and groups, national conferences, regional seminars, etc.), providing you are willing to get engaged with other members. Networking with professionals outside your place of employment can give you a broader perspective on the market and healthcare in general.

## 3. Industry standards

Webinars are frequent these days as a means to deliver information on hot topics such as best practices, new statistics, etc. No matter what your specialty is, staying on top of all of these issues is important.

## 4. Policy updates

All of us in healthcare know how much one piece of legislation can impact our profession. Professional associations not only update members about these types of changes but also often play an advocacy role on behalf of the membership. I have been involved in this with professional associations and it can often be a tiring effort to work with legislators at the state and national level. However, associations involved in this are able to inform members how to prepare for any upcoming change.

## 5. Group benefits

Oftentimes, members also have the ability to save money with group benefits. These could be things such as discounts with insurance like medical malpractice liability or a host of other vendor-related industry discounts. By taking advantage of these membership benefits, not only does the physician practice win, but the association benefits as well in that the vendors gain a true understanding of the value of their support to the healthcare professional organization.

## 6. Jobs

Most people already know that they can often search for jobs on association job boards as members. Keep in mind that your practice may want to utilize these job boards to post positions for your practice. Recruiters will often post on the job boards as well, so if you are working with a recruiter, be sure to let them know about your preferred associations.

## 7. Intrinsic value

In addition to money, associations need support to survive. Associations are always in need of new blood to help organize their annual meetings, workshops, CME courses, and legislative committees. This means taking an active role in leadership positions or committees can not only help the association, but also help you personally (from leadership development to networking, to potential job searches). As the saying goes, "You get out of it what you put into it." Undoubtedly the members who get the most out of an association are the ones who get involved and are more interactive.

## CCMS Physicians Visit Cuba

From April 15-22, a group of CCMS physicians traveled to Cuba on a medical and cultural tour. They enjoyed interactions with local physicians and a visit to the medical school, Museum of Tropical Medicine, and French Pharmaceutical Museum. The group toured in classic automobiles to explore Havana, Matanzas City, Trinidad City, and more. Trip highlights included a cigar plantation, the Havana Club Rum Museum, national parks, and Varadero Beach.



Dr. Allan Goodwin in front of the hospital in Havana



Classic cars in Cuba



Monica Goodwin, Dr. Allan Goodwin, Dr. Linda Lucombe, Dr. Nicole Paul, and tour guide

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*F* **Forms**

*C* **Coverage for Employees**

*C* **Coverage for Physicians**

*H* **Health Savings Accounts (HSAs)**

*S* **Governmental Compliance**

*L* **Links**

In 1981, over 50 local physicians banded together to create a Physicians' Security and Benefit plan. The primary goals were:

- Provide affordable health insurance to employees, physicians and their families
- Upon the death of a physician, provide insurance for the spouse and children of the physician
- Use each others' premium dollars to pay claims for those physicians and their family members who had serious medical conditions
- To provide a premium-rating schedule that did not discriminate against those physicians and their employees who had incurred large medical claims
- Avoid implementing "gatekeeper" type "managed care" features
- Promote access to virtually all providers in and out of the state
- Establish a stable alternative to those carriers who often abandon the insurance marketplace

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**Spring General Membership Meeting – March 9**  
**After 5 Social – March 31**  
**After 5 Social – April 22**



Dr. Alan Galbut, Peter Cambs, and Dr. Susan Liberski



Dr. Tim Kerwin, Dr. Glenn Groat & Dr. Anne Marie Tremaine



Dr. Brian Wallace & Lisa Wallace



Emily Cappadona & Dr. Peter Denk



Dr. Carolyn Monaco and Dr. Lindita Hobdari



Mary Lee Montgomery & Dr. Charles Montgomery,  
 Dr. Thomas Gahagan & Mary Gahagan



Dr. Sandra Jara and Dr. Debra Bailey



George Rooney, Dr. Charles Camisa, and Dr. Raymond Phillips



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Be sure to register for the 2016  
Docs & Duffers charity golf  
tournament on Sep. 17th!  
[ccmsfoundation.org](http://ccmsfoundation.org)

## Upcoming Symposia



### State of the Science Symposium: Critical Care Best Practices (Seventh Annual)

Saturday, June 4  
South Miami Hospital, Victor E. Clarke  
Education Building Auditorium (6 CME/CE)

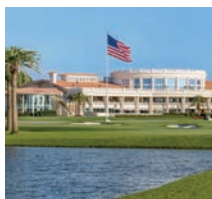
[CriticalCare.BaptistHealth.net](http://CriticalCare.BaptistHealth.net)



### Primary Care Focus Symposium (15th Annual)

Friday-Sunday, June 24-26  
Marco Island Marriott Beach  
Resort, Golf Club & Spa,  
Florida (12 CME/CE)

[PrimaryCareFocus.BaptistHealth.net](http://PrimaryCareFocus.BaptistHealth.net)



### Echocardiography Symposium (35th Annual)

Friday-Saturday, September 23-24  
Trump National Doral, Miami  
(11 CME/CE)

[MiamiEcho.BaptistHealth.net](http://MiamiEcho.BaptistHealth.net)



### John M. Cassel, M.D., Memorial Breast Cancer Symposium (Fourth Annual)

Saturday, September 24  
Baptist Hospital Auditorium  
(4 CME/CE)

[BreastCancerSymposium.BaptistHealth.net](http://BreastCancerSymposium.BaptistHealth.net)

More CME opportunities at [BaptistHealth.net/CME](http://BaptistHealth.net/CME)



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