

July/August 2024 • Volume 23, No. 4 • The Official Magazine of Collier County Medical Society

## Dr. Zubin Pachori Installed as 67th CCMS President







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## **CALENDAR OF EVENTS**

Register at www.ccmsonline.org or call (239) 435-7727

Thursday, July 18, 6:00pm CCMS After 5 Social Innovation Hotel

August 2-4, 2024
FMA Annual Meeting
Hyatt Grand Cypress Orlando
Register at flmedical.org

Thursday, August 8, 6:00pm CCMS After 5 Social with Collier County Dental Assoc. Snead Eye Group

Thursday, August 22, 6:00pm
CCMS Fall General Membership Meeting
Moorings Park Auditorium

Thursday, September 12, 6:00pm CCMS Women Physicians Fall Social Seasons 52

Thursday, September 26, 6:00pm CCMS After 5 Social Terracina Grand

Saturday, October 5, 12:00pm
Foundation of CCMS "Docs & Duffers"
Charity Golf Tournament
Bonita Bay Club, Bonita Springs
Support opportunities at ccmsonline.org

## Premier Circle of Friends



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## **CCMS PAC Contributes to Local Candidates**

To date, the CCMS PAC has contributed to the following 2024 Primary Election candidates who had a positive voting record and history of working well with physicians, and/or excelled in their interviews with the PAC board.

Greg Folley - State House District 81
Burt Saunders - Collier Co. Commission District 3
Stephanie Lucarelli - Collier Co. School Board District 2
Erick Carter - Collier Co. School Board District 4

The Primary Election is Aug. 20. Florida is a closed primary state. Voter registration/party change deadline is Jul. 22, request a Vote-by-Mail ballot by 5pm, Aug. 8. Visit CollierVotes.gov.

Members and spouses are encouraged to contribute to the PAC at ccmsonline.org/membership/#dues or call CCMS.

## CCMS Board of Directors 2024-2025

**President**Zubin Pachori, MD

Vice President Jose Baez, MD Immediate Past President Gary Swain, MD Treasurer George Brinnig, MD Officer/Director at Large Alexandra Grace, DO Secretary Glenn Groat, MD Directors at Large <u>Erik</u> Hiester, DO, Sonal Sura, MD

Ex Officio Directors: April Donahue, Executive Director, CCMS, Lisa Muehlenbein, PhD, CCMS Alliance President, Yenlee Hernandez, MD and Dairon Lago, MD, Resident Physician Representatives

Views and opinions expressed in The Forum are those of the authors and are not necessarily those of the Collier County Medical Society's Board of Directors, staff or advertisers. Copy deadline for editorial and advertising submission is the 15th of the month preceding publication. The editorial staff of The Forum reserves the right to edit or reject any submission.

## Member News

#### New Members:



Mark P Bloomston, MD Surgical Oncology South Florida Surgical Oncology 7335 Gladiolus Dr Ft Myers, FL 33908 Ph: (239) 333-0995 Fax: (844) 615-5267 Board Certified: General Surgery



Lenore Everson, MD
Addiction Medicine, Preventative Medicine contact CCMS for more information
Board Certified: Radiology



Abdul Rahman Jazieh, MD Medical Oncology Naples Cancer Advisors 3201 Tamiami Trl N Ste 112 Naples, FL 34103 Ph: (239) 846-2273 Board Certified: Medical Oncology



Philip D Leming, MD
Internal Medicine
Naples Cancer Advisors
3201 Tamiami Trl N Ste 112
Naples, FL 34103
Ph: (239) 846-2273
Board Certified: Internal Medicine; Medical Oncology



Kevin A McCracken, MD
Orthopaedic Spine Surgery
Naples Orthopedics
2171 Pine Ridge Rd Ste F
Naples, FL 34109
Ph: (239) 325-4090 Fax: (239) 325-4091
Board Certified: Orthopedic Surgery



Robert (Bobby) C Palmer, MD
Pediatric Orthopaedic Surgery
Pediatric Orthopedics of SW FL
3361 Pine Ridge Rd Ste 202
Naples, FL 34109
Ph: (239) 432-5103 Fax: (239) 432-0629
Board Certified: Orthopaedic Surgery



Maria C Spencer, MD Women's Healthcare Physicians of Naples 775 1st Ave N Naples, FL 34102 Ph: (239) 262-3399 Fax: (239) 261-1189 Board Certified: Obstetrics and Gynecology

Newly Retired:
Patrick M Kane, MD

#### New Residents & Fellows:

Hussain Ali, MD Alaa Almallouh, MD Carlos Bravo, MD Kiara Camacho Caballero, MD Grant Grabarczyk, DO Cagla Kitapli, MD Sneha Palliparambil, DO Radhika Patel, DO Delmis Perez Castro, MD Brian Rodriguez, MD Mustafa Sadek, MD Danielle Sanchez, MD Loraine Sanchez Paulino, MD Tasha Shah, DO Theodore Soares, DO Zachary Wald, DO Andrew Kossack, MD - Chief Resident Azeem Rathore, DO - Chief Resident MaryJo Bekhash, MD - Transitional Year Gregory Bello, DO - Transitional Year Hunter Hampton, MD - Transitional Year Sydney Levy, MD - Transitional Year Keldon Lin, MD - Transitional Year Paul Wasuwanich, MD - Transitional Year Simran Bhatti, MD - Fellow Mohammad Dlewati, DO - Fellow Juan Hernandez, MD - Fellow Nguyen Nguyen, MD - Fellow Ernesto Perez Colome, MD - Fellow

#### Reinstated:

Ammar Abu Sulb, MD - Fellow Katherine Sosa-Anderson, MD - Fellow

## Change of Address:

Rebecca (Abby) R Miknaitis, DO Blue Concierge Medicine 671 Goodlette Rd Ste 110, Naples, FL 34102

### Alina K Stanciu, MD Advanced Eye Care & Laser Center 6610 Willow Park Dr Ste 103, Naples, FL 34109

Mitchell J Zeitler, MD DluxMedspa 2171 Pine Ridge Rd Ste E, Naples, FL 34109

## New Practice Name:

Ronald T Garry, MD and Erin A Whitney, MD Northwestern Medicine Florida Medical Group

## Joined Practice:

Ruth A DuPont, MD Meliora Healthcare 708 Goodlette Frank Rd 2nd Fl, Naples, FL 34102 Ph: (239) 291-7005 Fax: (239) 241-6284 Page 4 THE FORUM • JUL/AUG 2024

## A Message from the 67th CCMS Board President

Zubin Pachori, MD, Board President, Collier County Medical Society



[Adapted from Dr. Pachori's Installation Address at the CCMS Annual Meeting, June 15th.]

Thank you for joining us this evening. I would like to thank my wife, my family, our board members and our past excellent presidents.

I don't know about the rest of you, but medical school

was tough for me, afterwards residency was tough for me, but my fondest memories of those days were of my fellow medical students and fellow residents with whom I formed lifelong friendships and found camaraderie. But as soon I got comfortable with residency, I was done, and I became an attending physician and moved to a new town where I did not know anybody.

Lucky for me I ended up in Naples, Florida and I was introduced to a group called the CCMS. Here I got to meet my peers, colleagues, and most importantly, my now friends. As I attended CCMS meetings, forums, and parties, I somehow got roped into joining the board of the CCMS. This introduced me to a whole new side of medicine and a whole new appreciation of what the CCMS does for Collier County. From the Foundation, the Alliance, the Physician Wellness Program, the Women's Health Forum and now Men's Health Forum, and so many other programs, it made me proud to be a part of the board and this community, to continue building on the work we have done here.

I believe it is important for me now as president, over the next year to continue building on some of the amazing things that our past presidents, board members, and CCMS members have done for us. I invite all the people who are here and all our members to continue be a part of CCMS, and if you know anybody who is not a member, I encourage them to join. And if any of you have any inkling of volunteering and becoming part of the CCMS board or serving on one of our committees, please find one of us and let us know.

In keeping with Dr. Gary Swain's tradition of timely meetings, I hereby conclude our annual meeting.

On the cover:

Top photo: Dr. Jason Goldman, FMA President and Dr. Zubin Pachori Bottom left: Dr. Gabriela Pachori and Dr. Zubin Pachori Bottom right: Drs. Jose Baez, George Brinnig, Sonal Sura, Alexandra Grace, Erik Hiester, Jason Goldman, Zubin Pachori, Gary Swain (not pictured - Dr. Glenn Groat)



Dr. Pachori presents the outgoing president's plaque to Dr. Gary Swain.



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## CCMS Honors Leaders at the 2024 CCMS Annual Meeting

More than 200 members and guests enjoyed networking and recognizing their colleagues at the Medical Society's 67th Annual Meeting, June 15th at Arthrex One Conference Center. Dr. Gary Swain, outgoing president passed the gavel to Dr. Zubin Pachori, who began his one-year term as the 67th CCMS board president and the 2024-25 board of directors took office. CCMS presented its 10th Annual Physician of the Year Award to Dr. Corey Howard and the President's Award to Drs. Erik Hiester, Nena Korunda, and Rebecca Smith.

Thank you to Arthrex, presenting sponsors Florida Blue, Magnolia Breast Center, and Millennium Physician Group, major sponsors ARC Medical Realty, Lake Michigan Credit Union, McKenney Home Care, National Psychiatry, Premier Inpatient Partners, and Stickboy, and supporters GenesisCare and MedMal Direct.

## 2024-2025 CCMS Board of Directors:



Zubin Pachori, MD – President Dr. Pachori is a Hospital Medicine Physician, practicing in Collier County since 2012. He was raised in Florida and is a graduate of Florida Atlantic University. He received his medical degree from Ross University School of Medicine, and completed his residency at Stamford Hospital/ Columbia University College of Physicians and Surgeons Program

in Family Medicine, where he served as Chief Resident.

Dr. Pachori is one of the founders and managing partners of Premier Inpatient Partners, and has been involved with several hospital committees, including Chair of Family Medicine at NCH, and Medical Staff Treasurer at Physicians Regional Healthcare System. Dr. Pachori holds medical staff privileges at Physicians Regional Healthcare System and NCH. He joined the CCMS board in 2019. At home he enjoys spending time with his two sons and his wife Dr. Maria Pachori.



#### Jose M. Baez, MD - Vice President

Dr. Baez is a board-certified internist with a private practice in North Naples. He attended medical school at Mount Sinai School of Medicine and completed his Internal Medicine residency at Bronx Lebanon Hospital Center. While in private practice in Connecticut, he was Assistant

Clinical Professor at University of Connecticut's School of Medicine. Dr. Baez has served on numerous hospital committees and medical association boards. For the past few years, he has chaired the CCMS Membership Committee and served as a delegate to the FMA. Dr. Baez has completed 7 New York City Marathons and a Chicago Marathon.



## George Brinnig, MD - Treasurer

Dr. Brinnig continues his 30+ year career as a general ophthalmologist. He has practiced in numerous settings including solo practice in California, large group in Massachusetts, and single specialty group in Connecticut. He has served in several organized medicine venues including

governing boards of the California Medical Association, Stanislaus County Medical Society (also as President and CEO), and New Haven County Medical Society. His BS is from SUNY Albany, PhD from UC Berkeley, MD from UC Davis, and MMM from Carnegie Mellon. He enjoys inventing, foreign language, and travel.



#### Glenn E. Groat, MD – Secretary

Dr. Groat received his undergraduate degree in Kinesiology and Psychology from the University of Colorado at Boulder and his medical degree from the SUNY Upstate Medical University. He completed his internship at the Mary Imogene Bassett Hospital for Diagnostic Radiology and

residency in Radiology at SUNY Upstate Medical University. Dr. Groat then completed a fellowship in Body Imaging and Intervention Radiology at the Cedars Sinai Medical Center in Los Angeles. He is board certified by the American Board of Radiology and is a member of the American College of Radiology. He is currently the Assistant Managing Partner at Radiology Regional.



## Alexandra R. Grace, DO – Officer/ Director at Large

Dr. Grace received her BS in Psychobiology at Univ. of Miami. She completed both a Doctor of Osteopathic Medicine and Master in Public Health at Nova Southeastern, residency in internal medicine at Mount Sinai, and gastroenterology fellowship

at St. John Macomb Oakland, MI. She is dual boarded in internal medicine and gastroenterology. After 7 years of hospital employed practice, Dr. Grace started her private gastroenterology practice in 2022, Gastroenterology Specialists of Southwest Florida. She has been a member of CCMS for 9 years, is former chief of medicine at Physicians Regional, past CCMS nominating committee chair, and an FMA delegate since 2021.



## Erik D. Hiester, DO – Director at Large

Dr. Hiester is board certified by the American Osteopathic Board of Family Physicians and by the American Board of Family Medicine. He received a Bachelor and Master of Science in Biomedical Engineering at the Univ. of Miami and a Doctor of Osteopathic Medicine degree at

the Kansas City Univ. of Medicine and Biosciences. Dr. Hiester completed a family medicine residency in Binghamton, NY, and an interventional pain medicine fellowship at Emory Medical School in Atlanta. He also has a minor in classical piano and was a co-producer of the 2023 Physicians' Community Talent Show. He is a concierge physician at NCH working with his wife, Karen Hiester, DO.



## Sonal Sura, MD - Director at Large

Dr. Sura earned her MD at George Washington Univ., was elected to Alpha Omega Alpha Medical Honor Society, and graduated Magna Cum Laude. After a research fellowship at Memorial Sloan Kettering Hospital, she went on to residency training at SUNY Downstate Medical

Center where she also served as Chief Resident. She is board certified in Radiation Oncology and has a Master in Business Administration from the New York Univ. Stern Executive MBA Program. Before relocating to Naples to join GenesisCare, she served as Director of Radiation Oncology at NYC H+H/Elmhurst, NY and Assistant Professor at the Icahn School of Medicine at Mount Sinai.



Gary D. Swain, MD – Immediate Past President

Dr. Swain attended the Univ. of Nevada School of Medicine and was elected to Alpha Omega Alpha. He completed a Family Medicine residency at David Grant USAF Medical Center, Travis Air Force Base and an Academic Medicine fellowship

at UC San Francisco. He served as Chief of Clinical Services at San Vito Air Station, Italy and spent time in Croatia in a MASH unit for the Croat–Bosniak War. Dr. Swain returned to a faculty position at Travis AFB residency program and was assistant clinical professor at UC Davis School of Medicine before retiring as a Lt Colonel. He practiced in Texas for 12 years before joining NCH as a primary care physician, later transitioning to concierge practice. He and his wife Karen together have 6 children and 10 grandchildren.

## Ex-officio Board Members:



April Donahue CCMS Exec. Director



Lisa Muehlenbein, PhD CCMS Alliance President



Yenlee Hernandez, MD Resident Physician Representative



Dairon Lago, MD Resident Physician Representative

FMA Alternate Delegates for CCMS:



Tam T. Mai, MD



Rafael C. Haciski, MD



Yaritza Perez-Soto, MD

## CCMS Physician of the Year:



Dr. Corey Howard, Dr. Catherine Kowal

## CCMS President's Award:



Dr. Rebecca Smith, Dr. Erik Hiester, Dr. Nena Korunda

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## CCMSA 2023-2024 Year-End Summary

Lisa Muehlenbein, PhD, 2024-25 CCMS Alliance President



After a hiatus during Covid and limited activities in 2022-2023, the Collier County Medical Society Alliance was ready to rebuild in 2023-2024. This year was filled with social activities and opportunities for community outreach. CCMSA began the season in September with a well-attended Fall Preview Luncheon at Dorona. We discussed upcoming events and heard a presentation

from Nina Azwoir of Wintrust Wealth Management.

We hosted two Alliance Nights Out for members and prospective members at The Cave and The Oasis with drinks, appetizers, and great conversations. We also enjoyed co-hosting family events with the medical society at Topgolf and a Florida Everblades game. Our book club met monthly at members' homes or local restaurants and enjoyed many great reads and lively discussions.

In October, we hosted a Halloween Party fundraiser where we entertained 140 people on the Kalea Bay rooftop. Guests enjoyed a DJ, dancing, open bar, and dinner prepared by Jimmy P's. This event helped us shift our fundraising efforts into high gear by adding over \$10,000 to our scholarship fund. We had two Sip and Shop fundraising events, at Maverick the Collection in the Galleria Shoppes and Lilly Pulitzer's new store off 3rd Street South. In April, we brought back the popular Trolley Pub Crawl, adding another \$3,000 to our scholarship fund. Forty of us enjoyed a trolley ride around town, drinks, and snacks at five local bars and restaurants.

In May, our Board unanimously approved a \$1,500 donation to the Collier County Medical Society to support the physician wellness program. May is also a momentous time of year as many of us prepare for graduations. As a result of our fundraising efforts, our scholarship committee was able to award \$13,000 in grants to 10 seniors from 8 Collier County high schools who are interested in pursuing careers in healthcare. Additionally, we received a grant from the Florida Medical Association Alliance to assist with our outreach to the Teen Age Parenting Program (TAPP) at Immokalee High School. Our group gave an informational lesson and demonstration on home and car seat safety and provided the young ladies with home safety kits and toddler car seats. A water safety program will follow in August.

The CCMSA wrapped up the year with our Spring Member's Luncheon held at Seasons 52. Our members enjoyed a presentation by Keith Maples from the Neighborhood Health Clinic and hearing about the services available to our community. The meeting concluded with the 2024-2025 Board Installation by Florida Medical Association Alliance President

After a hiatus during Covid and limited activities in 2022-2023, the Collier County Medical Society Alliance was ready to rebuild in 2023-

### Thank you to the 2023-2024 CCMSA Board

Sandy Åkins Robin Babbo Marisol Baez Sheryl Guttman Amy Howard Serena Josephson Lisa Muehlenbein Barbara Rougraff Karen Swain Chrissy Winzenried



#### Welcome to the new 2024-2025 CCMSA Board

Lisa Muehlenbein, President Robin Babbo, President-Elect Melanie Kanar, Corresponding Secretary Karen Swain, Recording Secretary Chrissy Winzenried, Alliance Treasurer Barbara Rougraff, Foundation Treasurer Directors: Marisol Baez, Amy Howard, San

Directors: Marisol Baez, Amy Howard, Sandy Akins, and Sheryl Guttman





## **Collier County Medical Society** Collier County Medical Society 2023-2024 Annual Report

## **VISION**

Helping Physicians Practice High Quality Medicine in Our Community

## **MISSION**

Serve the needs of our physician members so they can better serve the needs of the community

## **CORE VALUES**

Collegiality, Professionalism, Leadership, Advocacy, Education, Communication, Physician Wellness



Thank You to the 2023-2024 Board of Directors:

President: Gary Swain, MD Vice President: Zubin Pachori, MD Treasurer: George Brinnig, MD Secretary: Jose Baez, MD

Immediate Past President: Rebecca Smith, MD

Officer/Director at Large: Glenn Groat, MD

Directors at Large: Alexandra Grace, DO; Erik Hiester, DO

Ex Officio Directors: April Donahue, Executive Director, CCMS;

CCMS Alliance Board Liaison; Michael Schoeller, DO, Resident Physician Representative

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## **Outgoing President's Address**

Gary Swain, MD



at the CCMS Annual Meeting, June 15th.]

I would like to acknowledge the CCMS staff, April Donahue and Nancy Wood, for their reliable and consistent support of the society's daily activities. Without their diligence, our organization would not function nearly as well. From finding

donors and venues for the After 5 get-togethers to arranging our membership meetings, such as this annual meeting, they are the driving force for our organization.

Secondly, I would be remiss if I did not recognize the contributions of our family members, especially our spouses. My wife and the spouses of our board members share our time with the CCMS and the Florida Medical Association. I am sure the excitement of attending the FMA meetings in Orlando has worn off for them, but they continue to support us in our work for the CCMS and the FMA.

Many of our spouses are also involved in the CCMS Alliance, which contributes to our county by raising charitable donations to support scholarship programs for individuals seeking education in healthcare-related fields. They have also donated to our physician wellness program. I would like to extend my heartfelt thanks to all of you.

This year was less challenging for our Board of Directors than previous years, as we did not have to deal with corporations attempting to restrict physician privileges, nor did we have pandemics or hurricanes to address. The upside was that we have returned to normalcy with our After 5 events and membership meetings. We also had the well-attended annual Women's Health Forum and are planning the inaugural Men's Health Forum this fall.

Since its inception, we have maintained our Physician Wellness Program, which provides counseling for members in need. This has been supported by generous donations from the Foundation

[Adapted from Dr. Swain's Address of CCMS, CCMS Alliance, Physicians Regional medical staff, Southwest Florida Physicians Association, and others. CCMS members also revived the Physicians' Talent Show, raising money for local charities and promoting physician wellness.

> Thanks to the membership committee, our CCMS membership continues to grow, but we are always here to welcome new members for both CCMS and the FMA.

> The FMA had an active legislative year with some successes and some challenges. They were instrumental in restricting the scope of practice expansion in several areas. Naturopaths will not be allowed to practice as physicians and will not be given prescriptive authority. Psychologists have also requested prescriptive authority, which the legislature denied.

> The Live Healthy Bill addressed several issues, including the Florida Reimbursement Assistant for Medical Education (FRAME) program. This program provides eligible practitioners with 25% of their principal loan amount per year for up to 4 years with a maximum award of \$150,000. The Live Healthy Bill also appropriated an additional \$62 million (\$92 million total) for 880 new residency slots in Florida.

> Another program created under the Live Healthy Bill is the Training, Education, and Clinicals in Health (TEACH) funding program. This program provides qualified facilities with funding to offset costs associated with establishing, maintaining, or expanding clinical training programs.

> There were some challenges that we could not overcome. We were not successful in getting tort reform passed. Bills addressing restrictive covenants with physicians and the corporate practice of medicine also did not pass. We, as physicians in Florida, should support the FMA's ability to represent us by joining the FMA and the FMA Political Action Committee.

> In closing, I thank you all for the opportunity to serve as president this last year. I encourage those who would like to serve the CCMS to discuss with any of the officers or April to see how you can bring your skills to our society.

#### Thank You to 2023-2024 Committee Chairs

To join a committee, email april@ccmsonline.org or call 239-435-7727

Diversity, Health Equity, & **Inclusion Ad-Hoc** Dr. Shawn Khan, Chair Dr. Nena Korunda, Vice-Chair

**FMA Delegation** Dr. Gary Swain, Chair

Grievances

Dr. Richard Pagliara, Chair

Health Insurance Co-Op Dr. Pavan Anand, Trustee

Legislative

Dr. Alejandro Perez-Trepichio, Chair

Membership Dr. Jose Baez, Chair

Nominating

Dr. Nena Korunda, Chair

Physician Wellness

Dr. Rebekah Bernard, Chair

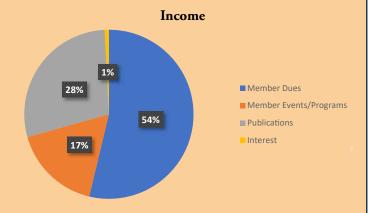
Programs & Women's Health Forum

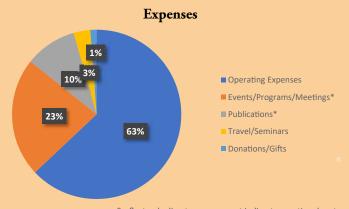
Dr. Catherine Kowal, Chair

The Forum Magazine Dr. Rebekah Bernard, Editor

Dr. George Brinnig, Assistant Editor

## **Income and Expenses**





\*reflect only direct expenses, not indirect operational costs

### Net Assets Fiscal Year Ending March 31, 2024: \$498,063\*

\*Based on unreviewed financial statements, pending CPA review

## CCMS PAC Report 2023-24

The CCMS Political Action Committee (PAC) provides funds to local and state candidates who are physician and patient friendly. CCMS members and spouses are invited to contribute \$100 each to the PAC to help make an impact on elections in Collier County and Florida. Contact CCMS or visit ccmsonline.org/membership.

Your PAC had \$1,700 in income last fiscal year and \$2,000 in expenses, with a bank balance of \$6,516 on March 31st. During this period, the board's primary goal was to save funds for the 2024 elections, which include races for state legislators, three Collier County Commission districts, and two school board districts. This was a lower income year for the PAC, and CCMS members are strongly encouraged to resume their contributions or contribute for the first time.

During the 2023-24 fiscal year, the board contributed to the campaign of Burt Saunders for County Commission District 3, endorsing Commissioner Saunders, who is the incumbent. The board also contributed to the campaign of Don Gaetz for Florida Senate District 1, who is running again for the district he served from 2006-2016.

If you have questions about voting, the PAC, or its endorsements, contact any of the PAC Board: Dr. Rolando Rivera – Chair/Treasurer, Dr. Mitchell Zeitler, Dr. Catherine Kowal, Catherine Campbell (CCMS Alliance rep) or April Donahue at CCMS. Thank you to all our PAC contributors and future contributors, and thank you to Dr. Julian Javier, who completed his service on the PAC board this Spring.

## Membership

## Total Membership 2023-2024: 763

#### New Members, April 2023-March 2024:

Mahmoud Adam MD Mazen Albaghdadi MD Rannie AlSamkari MD Angelo Babbo DO Ira Berman MD John Berra DO Michael Binner MD Elliot Blau MD Bruce Bordlee MD Daniela Burchhardt MD John Calce MD Gregory Cannarsa MD Patrick Collato MD Jorge Cruz MD Anna De Feria DO Matthew DeNunzio MD William DeWolf II MD Kristen Dimas MD Zachary Elstad MD Annie Emmick MD Raul Enad MD

Omar Esponda MD Susanna Gaikazian MD Vidur Ghantiwala DO Jorge Gil MD Michael Hellman DO Gary Hills DO Jaime Khemraj MD Rand Kirshner MD Karen Larson MD Matthew Levitsky MD Jeffrey Lieberman MD Paula Lopez Valero MD Christie McGee MD Charles Newton MD Alan Nguyen DO Ramu Patakoti MD Luiz Paz Rios MD Ryan Perdzock MD Ryan Perry DO Ariel Pollock MD Stephen Pomeranz MD

Aleatha Reitsma-Mathias MD
Francesca Rudin MD
Brandon Ruen MD
Amanda Sacino MD
Michael Shriver MD
Adam Skipper DO
Richard Stephens III MD
Nancy Tarbell MD
Hillary Tassin MD
Michael Tsipursky MD
Nisha Warrier MD
Jason Watters MD
Russell Yale MD

# Residents & Fellows: D'Shaun Adams MD Michael Axline MD Sarah Baker MD Frantzesca Belancourt MD Grant Corven DO Gregory DesRosiers MD

Christopher Fiechter DO Daniel Hanna MD Thomas Hartmann MD Yenlee Hernandez MD Tri Huynh MD Glendy Jimenez MD Kevin Kinter MD Dairon Lago MD Victoria Mazzella MD Kshitij Mehrotra MD Noelle Messina MD James Mossell MD Lyndsey Nguyen MD Emanuel Ortiz Hernandez MD Rebecca Parr MD Emmanuel Ramos MD Melissa Tebaldi DO Branden Wilson DO **Emily Wing MD** Nancy Zurita MD

Simone Ennevor DO

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## Foundation of CCMS 2023 Annual Report

Rolando Rivera, M.D., Foundation Chair



I am happy to provide the 2023 report from our Medical Society's 501c3 charitable arm, the Foundation of CCMS. We continue to grow and increase awareness of our organization, adding new donors, increasing our scholarship awards, and supporting the CCMS Physician Wellness Program.

We awarded seven scholarships in 2023, for a total of \$34,000. The awards included the Dr. William

and Nancy Lascheid Memorial Scholarship, which honors the Neighborhood Health Clinic co-founders, and is awarded to medical students who are Florida residents excelling in community service. Award recipient Stephanie Galindo from Naples, attending the Florida State University College of Medicine, class of 2027, exemplified their dedication to helping those in need.

We were also pleased to provide six additional awards in our general healthcare scholarship program, helping three medical students, one physician assistant student, a DDS/DMD student, and one Doctorate of Occupational Therapy student. Read more about all our 2023 winners at ccmsfoundation.org, where interested applicants can also download applications for next year's scholarships, which will be due March 31st.

Our 10th Anniversary Docs & Duffers charity golf tournament was held September 30, 2023, with an awards banquet luncheon and a raffle. We welcomed 110 golfers who enjoyed a wonderful day outdoors at Kensington Golf & Country Club, winning prizes and raising funds for the Foundation. We were fortunate to have 24 sponsors, 35 prize donors, and 25 volunteers supporting the event, which raised over \$25,000 in net proceeds.

We also raised funds with a wine dinner fundraiser in May 2023 at The French Brasserie Rustique, raffle fundraisers at a variety of CCMS member events, and approximately \$6,500 at the 2023 Women's Health Forum with nearly \$1,000 in attendee donations and \$5,500 from a portion of the sponsorship proceeds. New this year, local physicians revived the Physicians' Community Talent Show, and donated \$8,265 of the proceeds to the Foundation.

Another highlight was our continued support of the CCMS Physician Wellness Program, with a grant of \$2,500 in early 2023. This important initiative to help our members treat and prevent burnout is critical to improving access to quality healthcare in our community.

As we look ahead, 2024 is our 11th year of operating, and one of our goals is to continue building the endowment fund we launched in 2017, managed by the Collier Community Foundation, which helps create long-term sustainability. Supporters can provide their gifts in a variety of ways – financial, property, planning giving, and more.

## Our mission: Provide support and leadership to programs that address access to healthcare and promote health education.

Gross revenue for 2023 was nearly \$56,000, including donations from members and friends and net income from fundraising events. Total expenses for 2023 were approximately \$36,000, including scholarships, grants, professional fees, and low operations costs. At the end of our fiscal year, our balance of total assets was up to nearly \$98,000, with favorable gains in our endowment.

Dr. Reisha Brown retired from the Foundation board in December 2023 after a decade of service. She started on our first board and we are very grateful for her many contributions over the last ten years. We then welcomed Dr. Glenn Groat to the board in early 2024 to fill our open position.

Thank you to all the member physicians and friends of the Foundation who have made contributions since our founding. Your support is critical to our success, and we look forward to continued growth for the years to come. We encourage all our members to consider the Foundation in your charitable giving plans. You can donate at ccmsfoundation.org or call us at 239-435-7727 for details.

We also invite everyone to participate in our upcoming 11th Annual Docs & Duffers golf tournament and raffle, Saturday, October 5, 12pm at Bonita Bay Club in Bonita Springs. You are welcome to golf, be a sponsor, prize donor, volunteer, or raffle entrant (need not be present to win), or simply attend the after-party. Register or learn more about the tournament and raffle at ccmsfoundation.org.

Please contact any one of the FCCMS board members for information on the Foundation's activities and mission, or reach out to April at the CCMS office, 239-435-7727 or april@ccmsonline.org. We also hope you will follow us on Facebook, fb.com/ccmsfoundation. On behalf of all of us, thank you again and we look forward to working with you to improve the health of our community.

## Thank you to the 2023 Foundation Board Members:

Rolando Rivera, MD, Chair Jeremy Darstek, Treasurer/Secretary Rebekah Bernard, MD Joshua Bialek Reisha Brown, MD Mitchell Dannenberg April Donahue Catherine Kowal, MD Karen Mosteller Andy Reed Rebecca Rock, MD



## Foundation of CCMS Announces 2024 Dr. William and Nancy Lascheid Memorial Scholarship Recipient



the Foundation of CCMS is thrilled to announce that Mariela Vega, a distinguished graduate of Immokalee High School, in the class of 2027 at Florida State University College of Medicine, is the recipient of the Foundation's 2024 Dr. William Nancy Lascheid Memorial Medical Scholarship for Students.

This prestigious \$15,000 award, celebrating its 10th anniversary, recognizes Florida residents training to become physicians who have demonstrated exceptional community service. It commemorates Dr. and Mrs. Lascheid, visionary founders of the charitable Neighborhood Health Clinic in Naples and past presidents of CCMS and the CCMS Alliance, respectively.

"Through this memorial scholarship, we provide crucial financial aid to those pursuing careers in medicine, and reward students who volunteer their time and talents to charitable endeavors," said Dr. Rolando Rivera, board chair of the Foundation. "Ms. Vega stands out as an exceptional student and volunteer, committed to serving the vulnerable members of our community, and we are proud to present her with this award."

"We are always impressed with the candidates applying for The Dr. William and Nancy Lascheid Memorial Scholarship. As we celebrate this year's winner Ms. Mariela Vega, her experiences, drive, and determination clearly reflect my parents' vision and the Clinic's mission of providing quality medical care for low-income workers who are in need," said Leslie Lascheid, CEO of Neighborhood Health Clinic.

Ms. Vega arrived in Immokalee from Mexico in 1999 with her parents. She received her bachelor's at Birmingham Southern College, and her master's at University of South Florida. Her community service activities have included volunteering at The Guadalupe Center, service trip leader to Immokalee with FSUCares, and mentoring for the Immokalee Foundation. Ms. Vega is also planning to research health disparities while home in Immokalee this summer.

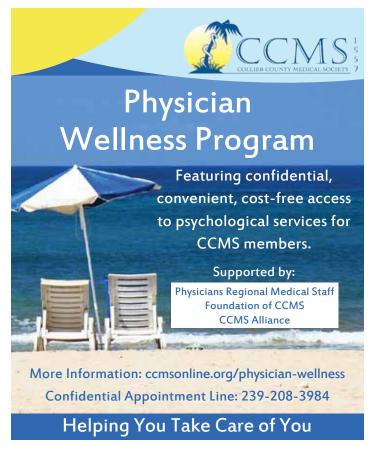
"I am truly humbled and grateful to have been selected for the Dr. William and Nancy Lascheid Memorial Scholarship. As a first-generation medical student this opportunity will lessen the burden of medical school costs," said Ms. Vega. "The legacy Dr. and Mrs. Lascheid have in serving the underserved

The board of directors of communities in SWFL is an inspiration for me. I hope to one the Foundation of CCMS day contribute to my own community the same way they did. is thrilled to announce that Thank you to the Foundation of CCMS for helping me on my Mariela Vega, a distinguished journey to becoming a Physician."

The Foundation board increased the amount of this scholarship award after a generous grant from the Isles of Collier Preserve Community Foundation, which will also help increase the Foundation of CCMS Healthcare Scholarship awards. Recipients will be announced later this summer.

The Foundation's 11th Annual signature fundraiser, the Docs & Duffers Golf Tournament on October 5, 2024, also raises funds for its scholarships, as well as local healthcare initiatives. The event, taking place at Bonita Bay Club in Bonita Springs, is open to the public. To register or for more details, visit ccmsfoundation.org or fb.com/ccmsfoundation.

The Foundation is a 501(c)3 charitable organization launched by the Collier County Medical Society in 2012, with the mission to provide support and leadership to programs that address access to healthcare and promote health education. To support the Foundation's scholarship program and charitable healthcare endeavors, make a tax-deductible donation at ccmsfoundation.org or call 239-435-7727.



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## Community Corner: Introducing Naples Cancer Advisors Platinum Level Second Opinion Service to SWFL

William Barrett, MD, CCMS Member and Founder, Naples Cancer Advisors



Great Plan"

Naples Advisors (NCA) is thrilled to introduce transformative approach oncology consultative opinion services, second specifically Naples and the surrounding SWFL region. Originating from the successful model established by Cincinnati Cancer Advisors and now

Naples Cancer Advisors with the aim of providing the crucial services of barrier-free, expert second opinions, genetic testing and counseling, and financial advocacy services for patients with a cancer diagnosis. NCA is an independent, nonprofit organization where these services are provided at no cost to the patient without billing insurance, thanks to generous donors in the community.

#### What Sets NCA Apart?

NCA offers comprehensive second opinion consultations at no charge, focusing on delivering unbiased and thorough evaluations of cancer diagnoses and treatment plans. This unique service ensures that every patient, regardless of their financial situation, has access to top-tier medical advice without the burden of additional costs. This is a consultative service only - we do not assume clinical care of the patient. This allows us to be objective and enhance the patient's experience with their primary oncologist by providing reassurance and education.

#### Services Offered

Our service is designed to complement existing treatment plans, providing reassurance and potential alternatives that can be discussed collaboratively with the primary oncologist. This is not just about providing a second opinion; it's about integrating into the existing healthcare framework to enhance patient outcomes and support the local medical community.

#### Highly Qualified Team

Our team comprises experienced oncologists and healthcare professionals who specialize in various aspects of cancer treatment, from breast and lung cancer to more complex cases requiring the insight of subspecialists. By employing a multidisciplinary approach, we ensure that all recommendations are well-rounded and meticulously considered.

#### Benefits to Referring Physicians and Patients

1. Enhanced Patient Confidence: Your patients will benefit from a comprehensive review of their case, which often enhances their confidence in the treatment plan and improves adherence to prescribed therapies.

- "Great Care Begins with a 2. Support Without Competition: NCA provides support and additional resources like genetic testing and counseling, financial advocacy and care coordination to the primary oncologist without competing for patients. Our goal is to supplement existing treatment plans, not replace them.
  - 3. Access to Expertise: Sometimes, the complexity of a case requires input beyond the local options available. NCA connects local physicians and patients with national and international cancer experts, ensuring that you have access to the best possible advice while helping to keep care local and patients close to home.
  - 4. Altruistic Mission: Powered by the 501c3 Cincinnati Cancer Foundation and funded entirely through philanthropy, our service is designed to be purely beneficial, with no financial incentives that might bias the care provided.

#### Community and Collaboration

NCA is committed to building strong relationships within the Naples and SWFL medical communities. We respect the bonds you have with your patients and aim to be a supportive element in the continuum of care. By enhancing the services you provide, we hope to collectively elevate the standard of cancer care in our region.

#### Join Us in This Initiative

We invite you to learn more about how Naples Cancer Advisors can assist your practice and help your patients navigate their cancer care journey with greater confidence and support. Together, we can achieve better outcomes and foster a healthier community.



For more information on referring patients or to discuss potential collaborations, please visit naplescanceradvisors.org or contact our office directly, 239-846-CARE. We look forward to partnering with you to advance cancer care in our SWFL communities.

Dr. Barrett is Co-Director of the University of Cincinnati (UC) Cancer Center, chair of the Department of Radiation Oncology at the UC College of Medicine, and Medical Director of the UC Health Barrett Cancer Center. He earned his undergraduate degree from the University of Virginia and his medical degree from UC, with training in general surgery, radiation oncology, and brachytherapy from MSK. In 2018, he founded The Cincinnati Cancer Foundation, Inc., which powers Cincinnati Cancer Advisors (CCA) and Naples Cancer Advisors (NCA), offering consultative oncology services like second opinions, care coordination, clinical trial and financial navigation, and genetic testing.



# Cotten Medical Billing & Consulting, Inc. Billing & Beyond

With 25+ years of comprehensive billing experience serving Physicians across the USA, We will help you to:

-Simplify your billing process, -Lower your Aged A/R,
-Increase your profitability,
-Process your Credentialing & Enrollments!

Theresa Cotten
Owner and CEO



Office in Fort Myers, Florida www.cottenmedicalbilling.com

Email: doctorcotten7@gmail.com

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Dr. Ralph P. Cotten, DMN
Director



239-565-7578



#### Is your practice due for a financial checkup?

Whether you're looking to expand your practice or buy new equipment, LMCU's experienced, local lenders will work directly with you on your schedule. We'll provide personalized solutions with competitive rates and flexible terms that meet your needs.

It all starts with a simple conversation.



## Circle of Friends - A Program of Preferred Vendors

CCMS Circle of Friends program is open to businesses that can offer our members benefits and discounts. We encourage you to speak with these businesses that have been selected by CCMS for their outstanding services and products.

## Premier Circle of Friends



Lake Michigan Credit Union

Contact: Sunil Muley Business Type: Banking Phone: 239-919-1361

Sunil.Muley@lmcu.org | lmcu.org

Benefit: Preferred rates on commercial loans and on mortgages; banking discounts and financial education benefits for members'

employees

Lake Michigan Credit Union (LMCU), established in 1933, has assets exceeding \$12 billion and serves over 570,000 members. Every member receives personalized banking, borrowing, investment, and insurance services.



Certified Public Accountants / Consultants

**Markham Norton** Mosteller Wright & Company

Contact: Karen Mosteller, CPA, CHBC

Business Type: Certified Public Accountants & Business Consultants

Phone: 239-261-5554 | Fax: 239-433-2824

kmosteller@markham-norton.com | markham-norton.com Benefit: Complimentary assessment and 10% off 1st personal tax

Markham Norton Mosteller Wright & Company specializes in tax, accounting and business consulting services for Physicians and Health Care providers. Serving Southwest Florida since 1979, our experienced team can improve your profits and sharpen your competitive edge with a variety of services related to practice operations, strategic planning, human resources, tax planning and accounting services.

## Circle of Friends

See ccmsonline.org/preferred-vendors for full descriptions



**ARC Medical Realty** 

Contact: Jared Vandersluis Business Type: Real Estate Phone: 417-693-2303

jared@arcmedrealty.com | arcmedicalrealty.com

Benefit: Education on setting up a physician practice for success



Contact: Linda Minck Business Type: Attorney

Phone: 239-260-5827 | Fax: 239-260-5829 linda@minck-law.com | minck-law.com

Benefit: 10% discount on the first matter of representation



**CARE** Professional Liability Association/Care Risk Retention Group

Contact: Jason Adams

Business Type: Medical Professional Liability Insurance

Phone: 502-208-3898

jason@care-ins.com | care-ins.com

Benefit: 5-10% discount as well as other value-added programs



## **Cotten Medical Billing & Consulting**

Contact: Theresa Cotten Business Type: Medical Billing

Phone: 239-645-8195

tcotten@cottenmedicalbilling.com | cottenmedicalbilling.com

Benefit: Free soft audit of current billing software



## Creative Scripts

Contact: Jerry Meloche, Pharm.D. Business Type: Compounding Pharmacy

Phone: 239-261-0050

rx@creativescripts.net | creativescripts.net

Benefit: 10% discount on all compounded medication



## FineMark National Bank & Trust

Contact: Nolvia Valladares Business Type: Banking Phone: 239-963-0783

nvalladares@finemarkbank.com | finemarkbank.com Benefit: Residential loan program specifically for physicians

## First Citizens Bank First Citizens Bank

Contact: Miranda Sharkey Business Type: Banking Phone: 239-659-2827

miranda.sharkey@firstcitizens.com | firstcitizens.com

Benefit: Financial services that directly respond to the needs of

physicians



Contact: Timothy McGee Business Type: Employee Benefits

Phone: 239-415-0101 | Fax: 239-433-1565

tim.mcgee@hubinternational.com | bit.ly/hub-ftmyers

Benefit: Large group medical insurance with Florida Blue for private practice members, their staff, and families; physician-

specific insurance coverages

## LTCi Marketplace BECAUSE LIFE TODAY CALLS FOR INSURANCE LTCi Marketplace

Contact: Mitchell Dannenberg Business Type: Insurance Phone: 239-877-1688

Mitchell@LTCiMarketplace.com | ltcimarketplace.com Benefit: Free review of current insurance coverages

## MedMal DIRECT

## MedMal Direct Insurance

Contact: Dave Dubowy

Business Type: Medical Professional Liability Insurance

Phone: 954-228-0658

ddubowy@medmaldirect.com | medmaldirect.com

Benefit: Up to 5% discount on premiums



## MERIDIAN Financial Group Meridian Financial Group

Contact: Dan Shannon

Business Type: Financial Advisors

Phone: 239-690-9820 | Fax: 239-690-9821 dan@mfgflorida.com | mfgflorida.com

## porter Wright Porter Wright

Contact: Joshua Bialek Business Type: Law Firm

Phone: 239-593-2962 | Fax: 239-593-2990 jbialek@porterwright.com | porterwright.com



## **REGIONS** Regions Bank

MORTGAGE

Contact: Cynthia Valenti Smith

Business Type: Banking Phone: 401-862-4874

cynthia.valenti@regions.com | bit.ly/regions-valenti

Benefit: Physician loans with zero to low down payment without

mortgage insurance for primary home



## Slepcevich Financial Group, LLC

Contact: William Slepcevich

Business Type: Professionals Wealth Management Phone: 239-435-9433 | Fax: 239-435-0104

wrs@sfgnaples.com | sfgnaples.com

Benefit: Complimentary first year retirement analysis, insurance

audit, or business audit

## STICKBOY Stickboy

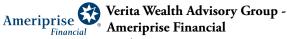
Contact: Josh Zachritz

Business Type: Software Design / IT Support

Phone: 239-206-1193

vendors@stickboy.com | stickboy.com

Benefit: 10% off



Contact: Jeremy Darstek

Business Type: Financial Planning

Phone: 239-898-3836 | Fax: 239-302-5141

jeremy.darstek@ampf.com | bit.ly/ameriprise-verita

Benefit: Free initial consultation including an Investment Portfolio Review and 1040 Tax Return Review; 15% discount off standard

financial planning fees

## WINTRUST Wintrust Wealth Management

Contact: Nina Azwoir

Business Type: Wealth Management Phone: 239-687-5204, 972-697-5099

nazwoir@wintrustwealth.com | wintrustwealth.com/nazwoir Benefit: Complimentary financial planning and discounted

management fees



## Wise River Wealth Management of Raymond James

Contact: Shannon Holland, CFP Business Type: Wealth Management

Phone: 239-513-6513

shannon@wiseriverwealthmanagement.com

wiseriverwealthmanagement.com

Benefit: Discounted all-inclusive, employer-sponsored retirement

plan

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## CCMS Spring General Membership Meeting CCMS Women Physicians Social CCMS After 5 Social CCMS Annual Meeting



Dr. Hillary Tassin, Dr. Alexandra Grace



Dr. Zubin Pachori, Dr. Kathryn Tapper, Vanessa Fulton, Jason Phillips



Dr. Maxim Chasanov, Jill Chasanov



Dr. Leela Lavasani, Dr. Lynn Byerly



Marisol Baez, Dr. Jose Baez



Dr. Mitchell Zeitler, Dana Zeitler, Dr. Stephen Muehlenbein, Lisa Muehlenbein



Dr. Levi Novero, Dr. Silvano Samartine, Dr. Adam Skipper, Dr. Rhena Ruiz-Novero



Theresa Abraham Whalley, Dr. David Whalley



Dr. Scott Larson, Dr. Tina Venetos, Dr. Adam Riker, Dr. Debra Bailey



Dr. Shauni Bobbs, Dr. Brittany Davis, Dr. Anne-Marie Tremaine



Yale Marc, Dr. Kathleen Marc, Karen Swain



Juan Mendoza, Dr. Rebekah Bernard, Mariela Vega, Dr. Kristen Dimas

The Foundation of Collier County Medical Society presents

11th Annual Charity Golf Tournament & Raffle benefiting scholarships for future medical professionals and funding for local healthcare programs in need

Saturday, October 5, 12:00pm

# Bonita Bay Club, Bonita Springs 26660 Country Club Dr, Bonita Springs, FL 34134

## This event is open to the public! Register at ccmsfoundation.org

or call (239) 435-7727 or email info@ccmsonline.org

**Sponsors** 

from \$550 - \$6000

**Golfers** 

\$195/person, \$760/foursome

**Prize Donors** 

please call (239) 435-7727

## **Highlights**

Goodie Bags & Snacks **Hosted Beverages** Awards After-Party Foursome & Individual Prizes Hole Contests & Mulligans

Non-Golfer After-Party Tickets available for \$75 each

Raffle open to non-golfers; need not be present to win

Eagle Sponsors:















## FORUM

Rebekah Bernard, M.D., Editor George Brinnig, M.D., Associate Editor 88 12th St N, Unit 200 Naples, Florida 34102 Ph. 239-435-7727 Fax 239-435-7790 E-mail info@ccmsonline.org www.ccmsonline.org PRSRT STD US POSTAGE PAID FT MYERS FL PERMIT 569





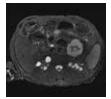
# Naples Premier Health Screening Provider



of Exceptional Imaging

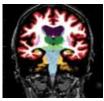
Preventative Screening at ProScan Imaging at NCH is intended to detect the presence of disease early before symptoms start.

This enables patients to receive treatment at an early stage when it is most efficacious and cost effective.



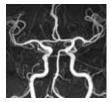
Vital Organ Screening

Scans the chest, abdomen and pelvis to screen for kidney, pancreas, liver, biliary duct, lung, and ovarian tumors.



Neurologic Screening

Scans the brain for tumor, stroke, vascular disease, multiple sclerosis and dementia and the spine for abnormalities like tumors, degenerative disc disease and more.



Vascular Screening

Scans the intracranial vasculature, carotid arteries and aorta. It screens for stenosis, aneurysm, atherosclerotic disease, dissection, and occlusion



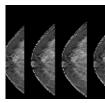
Heart CT Screening
Evaluates the function of

the heart and any blockages or narrowing of the surrounding blood vessels. Cardiac score is included which shows potentially dangerous calcium deposits in the coronary arteries.



**Lung CT Screening** 

Screens for inflammatory diseases, lung cancer, interstitial disease, pleural effusion and pneumothorax. Recommended for patients with a history of smoking.



**Mammography** 

Recommended once a year for women over 40 for early detection of breast cancer. ProScan offers Digital 3D Mammography and Contrast-Enhanced Mammography.

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