

17th Annual CCMS Women's Health Forum



Stronger Tomorrow



Women's Health & Vitality

Saturday, April 11, 2026, 8:30am ccmsonline.org/events

Title Sponsor: Apex Brain & Spine

Registration & Refreshments, Exhibits 8:30am		McSpadden Hall
Welcome & Opening Comments 9:00am		Each Breakout Room
Break Out Session I 9:15am-10:10am		
Amanda Sacino MD	Stem Cells and PRP Injections for Back Issues: What's the Evidence?	Sanctuary
Michael McGee MD	You Know What's Best...So Why are You Still Stressed?	
Panel – Osteoarthritis with Russell Becker DO, Prathima Moorthy MD, and Ariel Pollock MD		Beverly Hall
Ankit Chander MD	What is Aging?	Nelson 207
Carol Roberts MD	Age like a Rotisserie Chicken: Slow, Juicy and Hot	
Edward Grendys Jr MD	What Every Woman Should Know About Gynecologic Cancers	Nelson 104
Tam Mai MD	Genes, Hormones, and Breast Cancer Risk: Understanding Your Options	
Break, Exhibits 10:10am-10:35am		McSpadden Hall
Break Out Session II 10:35am-11:30am		
Lindita Hobdari MD	Forever Strong: The Science of Women's Longevity	Sanctuary
Anika Fernandez MD	Supplements Uncovered: Help, Harm, or Heal?	
Panel – Nutrition, Exercise, & Cancer Risk Reduction with Elizabeth Arguelles MD, Sandraliz Solano MD, and Sonal Sura MD		Beverly Hall
Thad Kammerlocher MD	Healthy Legs, Happy Life: What You Need to Know about Your Leg Veins	Nelson 207
Linsey Stocco DO	Are you at Risk for a Heart Attack? Proactive Heart Screenings	
Andrew Bonett MD	Breast and Body Contouring after Weight Loss	Nelson 104
Daniela Burchhardt MD	Aging with Agency: Navigating the New Era of Facial Rejuvenation	
Break, Exhibits 11:30am-11:50am		McSpadden Hall
Break Out Session III 11:50am-12:45pm		
Stacey Sensor DO	Pelvic Organ Prolapse - Treatment Options	Sanctuary
Elliot Blau MD	Beyond the Taboo: Addressing Female Incontinence with Confidence	
Panel – GI & Colon with Susan Cera MD, Danielle Matta DO, and Raymond Phillips MD		Beverly Hall
Matthew Sweet MD	Joint Replacement in Women: What to Expect	Nelson 104
Zachary Elstad MD	How Robotics and Implant Design are Modernizing Knee Replacements for Women	

More information at ccmsonline.org/events

Program subject to change